



**Applications for Admission to
St Alban's Catholic Primary School:**

We are always excited to welcome new children to our school community.

Although the application date has closed for Reception September 2025, you can still apply directly through the school.

If you know of any families who would like to be part of our community, you can pick up an application form from the school office, or use the following link to find the form on our schoolwebsite:

<https://>

[www.stalbansprm.cardiff.sch.uk/
admissions/](https://www.stalbansprm.cardiff.sch.uk/admissions/)

Week Beginning 2nd June:

Class Photographs

PHOTO DAY

**St Alban's RC
Primary School**

**Wednesday
4th June**



Year 4 Make a Splash at Splott Hub!

Year 4 pupils have had a fantastic two weeks at **Splott Hub**, diving into daily swimming lessons as part of our PE curriculum. Each day, the children worked hard to build their confidence in the water, learn new strokes, and improve their swimming skills.



From floating and gliding to perfecting their front crawl, everyone made amazing progress—and had lots of fun along the way! The instructors were brilliant, and the children showed great determination and teamwork throughout. Well done, Year 4—you've made a real splash!



Dates for your Diary:

Last Day of Term—Friday 23rd May

Half Term Holiday Dates: Monday 26th May — Friday 30th May

NO INSET DAY—Pupils return to school on Monday 2nd June 2025.

Monday 2nd June: Pupils return to school

Wednesday 4th June: Colorfoto—Class Photographs

Wednesday 4th June: Dentist team to see how Reception and Year 1 are doing with tooth brushing!

Wednesday 11th June: Size of Wales Workshop—Year 6

Friday 13th June: Refugee Week Live Assembly Launch

Monday 16th June: Refugee Week

Tuesday 17th June: Year 6 to St Illtyds Transition Enrichment Day for pupils attending St Illtyds in September

Wednesday 18th June: Sports Day (weather permitting)

Thursday 19th June: Year 6 Willows Transition Day for pupils attending Willows in September

Monday 23rd June: Jubilee Year—Pilgrim Pledge Day



Pond dipping linked to our context



St Cecilia Class had a fantastic time at Forest Farm. The day included pond dipping, identifying creatures, learning about food chains and playing a variety of games.

A Special Visit from the Lord Mayor of Cardiff

We were honoured to welcome the Lord Mayor of Cardiff, Lady Helen Jones, to St Albans for the official opening and blessing of our new Family Engagement Centre.

It was a proud and joyful occasion, attended by governors, friends of the school, and local councillors. The Lord Mayor spoke warmly about the importance of community and praised the school's commitment to supporting families.

The new centre will be a welcoming space for families to connect, learn, and grow together. We are excited about the opportunities it will bring to strengthen our school community.

A heartfelt thank you to everyone who joined us for this memorable event!



A Royal Honour for St Albans

On Wednesday 14th May, Mrs Woodward and Mrs Livingstone had the great honour of attending a Royal Garden Party at Buckingham Palace, by invitation of His Majesty the King.

This prestigious event celebrated schools that have demonstrated excellence in teaching and learning, and we were incredibly proud that St Albans was recognised in this way.

It was a truly memorable occasion and a special honour for Mrs Woodward and Mrs Livingstone who represented our school with pride and joy.



Staying Safe at St Albans – Safety Week Success!

This week, St Albans held its annual **Safety Week**, and what a brilliant week it's been! Our pupils took part in a wide range of fun and informative activities, all designed to help them stay safe in different situations. Children learned about **cycle safety** and **road safety**, practising how to be alert and responsible when out and about.



They also explored **swim safety** and **water safety** with help from the **RNLI**, learning how to stay safe at the beach and what to do in an emergency. With summer on the way, we also focused on **sun safety**, making sure everyone knows how to protect their skin in the sunshine.



And through important discussions about **stranger danger**, pupils learned how to stay safe and make smart choices in unfamiliar situations.

PARENT NURTURING PROGRAMME

**(for parents who have a child with a disability
or an additional need)**

The Parent Nurture Programme (PNP Additional Needs) is tailored for parents of children who have disabilities or additional needs, aged 3 to 11 years. Parents of children with additional needs may spend significantly more time caring for their children, so an important part of the programme is exploring ways and encouraging you to nurture yourself. The programme gives ideas and strategies that you can use to help support your child when they are overwhelmed by their emotions, provides insight into why children behave the way they do and looks at verbal and non-verbal communication.



Cardiff Parenting are offering the Parent Nurturing Programme (PNP Additional Needs) for families living in Cardiff

Over the 11 weeks you will look at
topics including:

- *Understanding why children behave the way they do.*
- *Recognising the feelings behind behaviours (ours and theirs).*
- *Exploring different approaches to discipline.*
- *Connecting and Communicating with our children.*
- *Finding ways to develop co-operation and self-discipline in children.*
- *The importance of looking after and nurturing ourselves.*

Starting on:

11/09/2025

9.15AM – 11.15AM

In:

**Saint Albans School,
Mona Place, Tremorfa,
CF24 2TG**

Contact us to book your place!

Julie: 07816283490



FREE

no**fit**state community

Community Classes

All activities below are FREE for the communities of Adamsdown, Splott, Tremorfa, refugees/asylum seekers and people living in supported housing.



Where

NoFit State Community Circus, Four Elms Road, CF24 1LE

Mondays

16:15 – 17:15

Circus Club | 6-11 yrs

Booking Required

17:45 – 19:15

Circus Club | 11-17 yrs

Booking Required

Tuesdays

10:30 – 17:00

Community Warm Space

15:30 – 16:30

Family Circus Session

Thursdays

12:00 – 14:00

Community Adult Circus Class | 16+ yrs
Beginners Welcome

Sundays

15:00 – 16:30

Circus in the Park – Check Facebook





Nyrsio Ysgol | School Nursing
BIP Caerdydd a'r Fro | Cardiff & Vale UHB

parent line

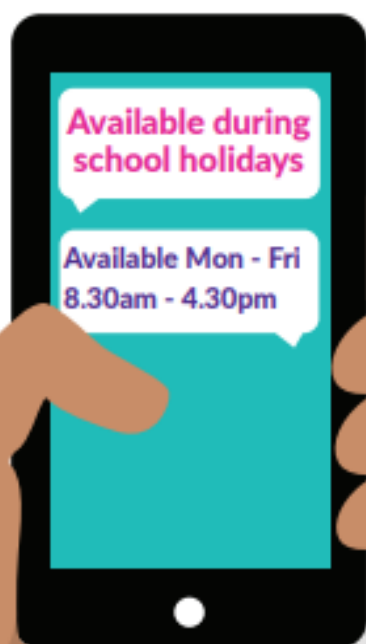
If you're a parent or carer of a 5-16 Year Old

Text your school nurse on

07312 263178

For confidential advice and support

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on....



emotional wellbeing
sleep day and
healthy night time
eating wetting
soiling substance misuse
relationships
behaviour bullying
online safety puberty

 ChatHealth



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will not be seen outside normal working hours. If you need help before you hear back from us, contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.