



Every day, we learn, love and pray, following in the footsteps of Jesus

27th April 2026



Good Shepherd Sunday

Jesus, You are the Good Shepherd.
Thank you for loving us and knowing our name.
Help us to listen to your voice and follow where you lead.
Keep us safe and help us to be kind to others.
Amen.

Safeguarding Your Children

Parking and Walking to School

To help keep our school community safe and reduce congestion at the gates, we kindly ask parents and carers to park a little further away from school and walk the final distance.



This helps ease traffic at peak times and creates a safer, calmer environment for our pupils.
Thank you for your continued support.

Big Bocs Bwyd Update

We are delighted to share that we are now receiving **Fareshare** food deliveries, with deliveries arriving on Mondays. This means our Big Bocs Bwyd can now open twice a week, helping us support even more families in our community.

Recent deliveries have included a range of items such as vegetables (including leeks and potatoes), fruit, rice, halloumi cheese and cake. The Big Bocs Bwyd opens at 2:30pm on a Monday and Thursday, and is available to anyone who would benefit from the food provided.

Please remember that **children must be accompanied by an adult** when collecting supplies.

Community Café Laundry Facilities

We wanted to remind parents that a washing machine, dryer and washing liquid are available to use whenever needed. This facility is provided to support families and is free to access.

The Community Café doors are always open, and parents are welcome to use the laundry facilities at a time that suits them. Please feel free to pop in if this would be helpful for you or your family.



Twitter/ X

@StAlbansSchool1



Facebook

St. Alban's Catholic Primary School



Instagram

Stalbansprimaryschool

Initial Dates for the Term

Every Wednesday Afternoon: Pupils to Railway Gardens - Gardening Project

Tuesday 28th April: Cook Stars in Community Cafe

Thursday 30th April: Y2/3 visit to Techniquest

Thursday 30th April: Creative Lead Practitioner in for Y3/4

Monday 11th May: Swimming for Year 4 pupils for two weeks

Wednesday 13th May: Netball Tournament

Mon 18th May: Y6 Cycling Proficiency Mon - Thursday

Fri May 22nd: Last day of Summer Half Term

Sunday 24th May - Feast of Pentecost

Half Term Holiday

Monday 25th May - Friday 29th May

Inset Day: Monday 1st June

Tues 2nd June: Pupils return to school

Thurs 4th June: Corpus Christi Procession

Wed 10th June: Provisional Date for Sports Day

16th and 25th June: Transition Days for Year 6 pupils attending St Illtyd's in September 2026

Thurs 18th June: Y1/2 to Techniquest - Maths Matters!

Mon 22nd June: Feast of St Alban

Thursday 25th June: Year 6 Transition Day for pupils attending St Illtyd's in September 2026

Fri 26th June: Year 6 pupils to Morfa Bay

Fri 17th July: Last day of school for pupils

Attendance Matters!

In May we will be taking part in a new project to improve every child's attendance. We are really looking forward to working closely with families to help support your children coming in to school daily.

🌟 Why School Matters 🌟

Learning & Thinking

- 📖 Builds strong reading, writing & maths skills
- 🧠 Encourages problem-solving and independent thinking
- 🌍 Opens children's minds to new subjects and ideas

Social & Emotional Growth

- 🤝 Helps children make friends and work well with others
- 💬 Teaches communication, empathy & resolving arguments and conflict
- 🌱 Builds confidence and resilience

Life Skills for the Future

- 🕒 Creates helpful routines and responsibility
- 🎓 Prepares children for future opportunities
- ⭐ Helps them discover strengths, interests & talents

Benefits for Everyone

- 📖 Gives all children equal opportunities
- 🛡️ Provides a safe and supportive place to learn
- 🏠 Helps children grow into responsible citizens

Sporting News

Our netball team enjoyed a thrilling first match against pupils from St John Lloyd in what proved to be an exciting and positive debut.



Despite a few early nerves, the team quickly found their rhythm, showing great determination, teamwork and sportsmanship throughout the game.

The match was fast-paced and competitive, with strong passing, confident shooting and impressive defensive work on both sides. Every player gave their all on court, supporting one another and demonstrating the skills they have been working hard to develop in training. The team should be extremely proud of their performance and attitude. Well done to all!



Have your voice heard!

This month's "Monthly Matter" from the Children's Commissioner for Wales focuses on the upcoming Senedd elections. The Children's Commissioner wants to understand how much children and young people know about the Senedd and about the people who make the biggest decisions in Wales the effect their lives.

Click on the link to take part in the survey:

<https://www.childcomwales.org.uk/resources/monthly-matters/april-2026-senedd-election-2026/>

Happy Healthy Cook Stars!

If you haven't already, why not sign up for our cook stars 3 week sessions. You can email clusterfeo@stcadocs.com and register or pop in to the school office to sign up. The sessions start 28th April.

www.cookstars.co.uk  [@cookstarscardiffeast](https://www.facebook.com/cookstarscardiffeast)

HAPPY HEALTHY COOK STARS

A healthy eating cookery enrichment programme

Everything included!

- all ingredients
- all kit and equipment
- an apron
- a recipe card to take home
- and a fun educational game!

St Albans Primary School

Free parent/carer & child cooking sessions
Tuesdays 28th April, 5th & 12th May 9.15am
Attendance at all 3 sessions required

BOOKING IS ESSENTIAL!

Book your place NOW:
Email: clusterfeo@stcadocs.com



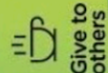
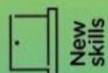
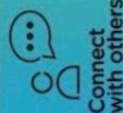
Help to boost your wellbeing with access to:

- Advice
- 1-2-1 support
- Events / Activities
- Training Opportunities
- Volunteering Opportunities



Cardiff Wellbeing Support Service

Facebook: @CardiffWellbeing
 Twitter: @Car_Wellbeing
 Email: wellbeingteam@cardiff.gov.uk
 Telephone: 029 2087 1071 (option 3)
 Website: www.cardiffhubs.co.uk



Our **Wellbeing Mentoring Service** seeks to boost your wellbeing by helping you become more active in your community. We provide short term, one-to-one mentoring by our own Health and Wellbeing Mentors to help you access activities, events, advice, and other opportunities to help meet your wellbeing needs.

Once a Health and Wellbeing Mentor has been assigned, a period of support for up to 13 weeks is available for you and your mentor to work on what is needed to improve your wellbeing, as you will have outlined in your own personal action plan.



Contact us for more information

Telephone:
029 2087 1071

Email:

wellbeingteam@cardiff.gov.uk

Website:

www.cardiffhubs.co.uk

Facebook:

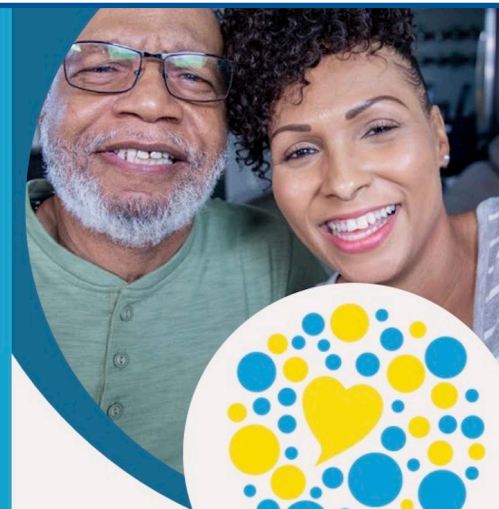
@CardiffWellbeing

X:

@Car_Wellbeing

Instagram:

@cardiff.wellbeing



Gwasanaeth
Cymorth
 Lles Caerdydd
Cardiff Wellbeing Support Service

Mentoring Service



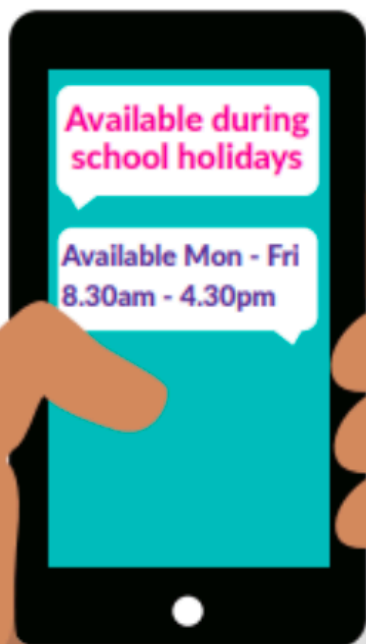


Nyrso Ysgol | School Nursing
BIP Caerdydd a'r Fro | Cardiff & Vale UHB

parent line

If you're a parent or carer of a 5-16 Year Old
Text your school nurse on
07312 263178
For confidential advice and support

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on....



emotional wellbeing
sleep day and
healthy night time
eating wetting
soiling
substance misuse
relationships
behaviour bullying
online safety puberty



Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will not be seen outside normal working hours. If you need help before you hear back from us, contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.